

October 2023



October is breast cancer awareness month and a great time to say thank YOU on behalf of our patients and staff. Because what you contribute to the Foundation matters, whether it is time, talent or treasure — every gift makes an impact. Every act of kindness elevates someone's healing journey.

There are tens of thousands of oncology patients who have received care or services from [HonorHealth Cancer Care](#) centers that will never know the part you played in their healing. But we know and we are grateful. YOU help find cures, save lives, develop novel drugs and transform healthcare through your unique philanthropy and vision for transforming healthcare.

Thank you for your trust in us. Your generosity makes healing happen.

In gratitude,

Jared A. Langkilde, MBA, CFRE

President & CEO

October is breast cancer awareness month

Did you know that breast cancer is the most common cancer diagnosis in the United States, with about 240,000 women a year receiving a diagnosis? Breast cancer also affects men - with males receiving 1 out of 100 diagnoses.

[HonorHealth Cancer Care](#) is the leading cancer treatment program in Arizona, differentiated by high-value, integrated care with an exceptional experience that patients cannot find elsewhere. The program focuses on the whole patient: mind, body and spirit.

No one wants to hear a cancer diagnosis; please remember that screening and early detection are the best prevention.

To all the patients and breast cancer survivors, we honor you and your journey and applaud your courage. We are here for you.



For the month of October, 50 percent of proceeds from every Butterscotch Bread Pudding dessert ordered at ANY [Vig location](#) in Arizona will be donated to HonorHealth Cancer Care to support oncology services. Thank you for your support and for giving love to our patients.

Valley couple pays it forward with gift to The Greatest Needs Fund

It is apparent when talking with Rocky and Virginia Saunders that enthusiasm for life and an attitude of gratitude run deep through their hearts. Gratitude for friends, for health and for the ability to give back.

Having met at Arizona State University, it was always their plan to return to

Arizona one day. With careers that took them to live in various parts of the country including California, Washington and New York, they decided to retire to the Valley in 2008.

In a bittersweet experience, Rocky became acquainted with HonorHealth by way of medical necessity. However, that experience not only established him as a grateful patient, but also helped nurture an 11-year partnership as a volunteer at the HonorHealth Thompson Peak Medical Center.

“I take care of the front desk and work a lot with people coming into the hospital to answer all their questions and any concerns about navigating their experience there,” stated Rocky. “I love it. Virginia and I have also made great friendships through my time at Thompson Peak Medical Center.”

Recently, Virginia and Rocky also became donors with an inspirational gift to [The Greatest Needs Fund](#), which helps HonorHealth respond quickly to urgent needs and take advantage of new opportunities.

“So many people donate to specific areas, but our vision was to make it possible for the hospitals to use the money where it is urgently needed,” explains Virginia Saunders. “We wanted our impact to be where it is needed most, in the moment, even if that isn’t always the most glamorous.”

Rocky adds, “We gave our gift a lot of thought with our basic premise being we are so fortunate and lucky in our lives to end up where we are physically, emotionally and financially — that now was the moment in time to pass it forward. We agreed the best platform for our gift and vision would be HonorHealth Foundation. The fact that I volunteer at the hospital and see what the staff does there every day, as well as the warm and special culture there, reinforced our decision to support The Greatest Needs Fund.”

For the Foundation, there is nothing more rewarding than helping grateful patients find their impact in leaving a legacy of care and community transformation.

“You truly feel cared for at HonorHealth, and it’s apparent the staff working with you really want you to heal and get better,” offers Virginia. “And that is so important to the patient — to know they are invested in my health.”



New name, same exceptional care

HonorHealth recently announced a new name for its growing oncology program: [HonorHealth Cancer Care](#). The simplified name encompasses all oncology services in Arizona and makes it easier for people to search for the exceptional care they need, knowing these comprehensive cancer care services are available at any HonorHealth Cancer Care location. The program's flagship location, on the campus of HonorHealth Scottsdale Shea, will continue to be known as the Virginia G. Piper Cancer Center in recognition of the legacy of generosity of the Virginia G. Piper Charitable Trust.

Supporting our most vulnerable neighbors

HonorHealth Foundation's **Morning of Gold Breakfast**, benefiting the programs and services at Desert Mission, will be held October 24 at the Arizona Biltmore Resort. The event features guest speakers Park Howell, the "world's most industrious storyteller," and American James Beard Award-winning chef and restaurateur, Chris Bianco. Both will speak on "Food is Medicine" that links nutrition and healthcare. Tickets are just \$150. Visit the [Morning of Gold website](#) for more information, tickets or sponsorship opportunities. We hope to see you there!

48TH ANNUAL 5K, 10K, HALF MARATHON

PHOENIX 10K

PRESENTED BY HONORHEALTH FOUNDATION

Dr. Art Mollen encourages us to run toward good health

HonorHealth Foundation is the presenting sponsor of this year's [48th Annual Phoenix 10K](#) to be held on November 12 in downtown Phoenix. We sat down with race founder, Art Mollen, MD, for a chat about exercise, longevity and legacy.

HHF: Longevity is on everyone's mind. How do you answer when people say they want to live to be 100?

Dr. Mollen: The first thing I stress is longevity should focus on quality versus quantity. Focusing on the lifestyle habits that make you healthier and therefore



offering a life of quality: diet, exercise, family connections and a positive mental attitude. So, for instance, minimizing stress and the consumption of alcohol, potatoes, rice, pasta bread, sugar. Deliberate movement or exercise for 30 minutes a day to enhance the production of beta endorphins which increase a positive mental attitude and therefore resilience. Longevity is as much about a healthy mind as a healthy body. They go together.

HHF: We are proud to be a sponsor and we love that the Phoenix 10K removes barriers to participation by offering various levels of engagement. Was that intentional?

Dr. Mollen: Yes, the Phoenix 10K Race was born from my marathon experiences and my love of running. To encourage healthy exercise, we offer the Mollen Mile for children, the 5K walk/run, the 10K and the half-marathon. There really is something everyone can do that day. Plus, participants go home with a t-shirt and trophy. (Fun fact, the Phoenix 10K Race is the longest-running event in Arizona - since 1976.)

HHF: You've made education, health and healing a lifetime mission. What do you hope your legacy is with friends, family and community?

Dr. Mollen: That I was a good and fair person. And a patriarch of running in Arizona! Nobody was running here when I started! So certainly, I'd like to see the race as part of my legacy and continue in perpetuity.

Thank you for your time, Dr. Mollen, and your commitment to keeping Arizonans healthy with your life's work as a doctor, educator and innovator. [Learn more or register](#) for the Phoenix 10K.

Your generosity gifted smiles to young patients

Because of generous donors, more than \$13,000 for the HonorHealth Toy Fund will help fill our toy bins for our pediatric patients. These toys will make a big difference for our young patients navigating time in the hospital.

Through your support we also sent more than 140 stuffed animals to HonorHealth medical centers across the Valley. For donors who gifted \$50 or more, a stuffed animal was delivered in their name to a location of choice. Some of our youngest patients are holding them today.

Thank you for helping us give a gift of comfort and joy.



NATIONAL PIZZA MONTH'S



DOUGH-NATION to FIGHT CANCER

HONORHEALTH
Foundation

Sauce Pizza and Wine will introduce a new specialty pizza each week, with a portion of the proceeds from each pizza sold going towards supporting the HONOR HEALTH FOUNDATION'S efforts to combat cancer.

THE EAST COAST

BIANCA

SUNDAY, OCT. 1 -
SATURDAY, OCT. 7



mozzarella, fontina, garlic, ricotta,
basil, black pepper, olive oil *\$\$\$*

CLASSIC

SUNDAY, OCT. 8 -
SATURDAY, OCT. 14



Italian sausage, pepperoni, ricotta,
parmesan, garlic, basil *\$\$*

MAC & CHEESE

PIZZA

SUNDAY, OCT. 15 -
SATURDAY, OCT. 21



mozzarella, fontina, parmesan, parsley,
topped with mac & cheese *\$\$\$/\$\$*

ALL 3 PIZZAS: SUNDAY, OCT. 22 - TUESDAY, OCT. 31