HONORHEALTH®



Join us for a free, two-day event designed to help stimulate the mind and enhance brain health.

HonorHealth is proud to present **Change Your Mind: The HonorHealth Better Brain Fair,** an in-person event at the Bob Bové Neuroscience Institute at HonorHealth. Gain valuable knowledge and access to practical tools and resources designed to enhance your brain health and overall well-being.

Some of the event's exclusive features include:

- Presentations on neurological disorders and brain health
- ☑ Interactive Q&A sessions
- Class demonstrations in the NeuroWellness Gym
- Vendors and exhibitors
- Live music from local music programs for patients with neurological disorders
- ▼ Food trucks with Blue Zones-inspired menu



DAY 1

FRIDAY
March 22
6-7 p.m.

DAY 2

SATURDAY March 23

9 a.m. - 2 p.m.



EVENT LOCATION:

HonorHealth Bob Bovè Neuroscience Institute

7242 E. Osborn Road Scottsdale, AZ 85251

Register for this event by scanning the QR code.

