

March 2022



## Sending love this Doctors' Day

March 30 is National Doctors' Day! In 1933 this day was established with the mission to recognize the contributions of physicians to individual lives and communities. At HonorHealth, we are fortunate to work with more than 2,000 of the region's best physicians who have given their time and talent providing life-changing medical care to anyone who needs it.

In gratitude, we have designed a special way for you to share your appreciation with them — a [note of thanks](#) or a [tribute gift](#). Your gift, whatever option you choose, will help further ignite inspirational care.

Not only will you support Honor Health's expert, compassionate care to patients across the Valley who urgently need it, but your note of thanks will let your physician know they touched your life.

Thank you - we appreciate your support!



## Tribute Gift

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### Your feedback is requested

We want to hear from you. Your commitment to our mission means the world to us, so we want to ensure we are delivering content that matters. Please [take this short communications survey](#) and let us know how we are doing!

Thank you for your time and feedback!

[Take Survey](#)



### Join us for fun in the sun

Great Cause – Great Course – Great Time. The HonorHealth Pro-Am offers philanthropy combined with fun. Join us for a day of golf at Grayhawk played on courses that offer breathtaking landscape but also thrilling game challenges. Proceeds benefit our community's most vulnerable through HonorHealth's [Greatest Needs Fund](#) and [Desert Mission Endowment](#).

**HonorHealth Pro-Am**  
Friday, April 1, 2022  
Grayhawk Golf Club  
1:15 p.m. Shotgun start

[Register today](#) and enjoy a fun day of golf while supporting great causes!

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## Outpatient therapy rehabilitated at John C. Lincoln's Cowden Center

When Judy Ward makes up her mind — things happen. Quickly. As she will tell you, “it’s the teacher in me.” Fortunately, for patients requiring physical and occupational therapy at the HonorHealth John C. Lincoln Cowden Center in Phoenix — that means access to not only the best therapists but also the most advanced equipment.

Motivated by the great care she and her late husband, David, received at HonorHealth, Judy helped honor his legacy through philanthropy.

Judy’s generosity, as an HonorHealth Foundation Trustee and donor, helped renovate and rehabilitate the Cowden Center through the acquisition of new equipment that transforms patient care by helping to increase strength, balance, movement and the ability to perform daily tasks for those suffering from neurological, orthopedic or vestibular conditions. Equipment such as the MediTouch Balance Tutor, BerTec Vision Trainer and Balance Plate, and the Saebo Hand Treatment Kit. The latter being a comprehensive hand therapy program designed to improve upper limb recovery after stroke.

"Through Judy’s philanthropy we have been able to better address patient’s deficits and improve their confidence with returning to activities they love and enjoy," comments Taylor Boulos, PT, DPT and Board-Certified Clinical Specialist in Neurologic Physical Therapy. "Her generosity allows us to safely work on balance and visual impairments that we were previously unable to address, which in turn has improved our patient outcomes as well as their overall excitement to come into therapy." Her impact on the delivery of healthcare is felt by staff and patients who have all expressed extreme gratitude for her generosity.



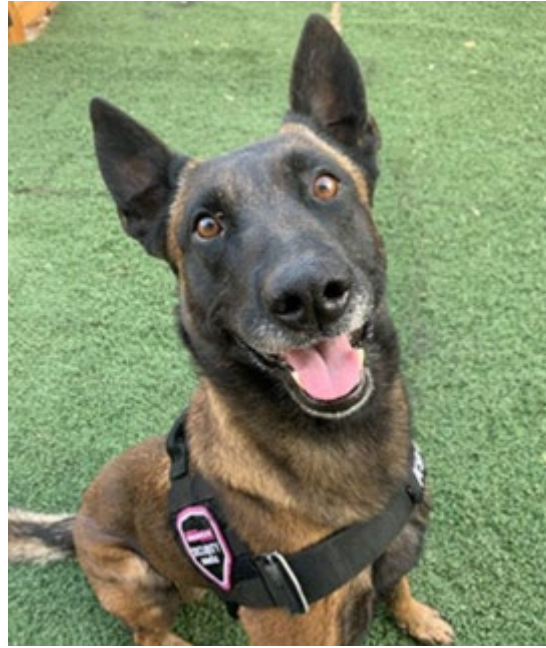
Judy Ward and family photo (L to R): daughter Donna Erwin, granddaughter Elizabeth Tower and great-granddaughter Isabella Tower.

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## K-9 Officer's wish list

Mark your calendars for April 5-6, 2022, for the annual [Arizona Gives Day](#) campaign! This nationally recognized day of giving aims to raise awareness for Arizona nonprofits, including HonorHealth Foundation, and enable collective giving to all non profits.

This year, we are highlighting the HonorHealth [K-9 Security Program](#), which is wholly dependent on philanthropic support. Founded in 1999, our highly trained K-9 teams provide not only peace of mind and protection, but also big smiles as they interact daily with patients, family members and staff. Their presence is calming *and* healing for our patients.



Your gift on Arizona Gives Day ensures optimal training, nutrition, veterinary care, toys and equipment. Thank you for helping us ensure each extensively trained K-9 team is ready to respond whenever they're needed.

Our K-9 Officers are grateful and so are we. Support Arizona Gives Day and [make a donation on April 5](#).

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## What if your gift...

Helped cure cancer or drove new discoveries to save the ones you love? Philanthropy powers our ability to provide exceptional care and innovative advances. And, it can be done through the gift of real estate.



The philanthropic capacity to make the amazing impact you've dreamed of may exist within your real estate holdings. Inherited family property that's too time-consuming to manage, or a vacation home you don't use as often as you once did, can become the vehicle to transform healthcare, and lives, for generations to come.

The benefits of a real estate gift to HonorHealth Foundation are just as valuable to you:

- Dispose of an unneeded home, farm, ranch or other land
- Minimize capital gains tax
- Realize an immediate charitable deduction
- Combine a charitable gift and life-long income through a Life Estate strategy

For additional information, visit our online [Planned Giving](#) guide or email us [LegacyGiving@HonorHealth.com](mailto:LegacyGiving@HonorHealth.com).

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## HonorHealth helping Scottsdale become a certified Blue Zone

Perhaps you've heard of the Blue Zones of the world — where people thrive into their 100s? These communities are rare longevity hotspots because they help transform the area in which people work, play and live into wellness zones through permanent changes to environment, policy and social networks.



HonorHealth has [partnered with the City of Scottsdale](#) and the Blue Zones Initiative to transform Scottsdale into a community where residents can live longer, healthier and more active lives. HonorHealth was chosen for its expertise in well-being innovation and will be part of the health readiness assessment to determine if the Scottsdale community can become a blue zone.

“HonorHealth has served the communities of Scottsdale and Phoenix for more than 100 years, and we understand that our communities need more than just high-quality healthcare to be truly healthy,” said Todd LaPorte, CEO of HonorHealth. “Taking part in the global movement proven to improve health and well-being with other like-minded organizations further solidifies our commitment to go beyond the traditional expectations of a healthcare system and furthering our mission to improve the health and well-being of those we serve.”

Luckily, we don't have to wait for Blue Zone certification to deliver holistic and transformational care to the 1.6 million Arizonans who rely on us to stay healthy. Thanks to generous donors, HonorHealth recently introduced [Integrative Medicine](#) into our portfolio, which is an evidence-based, healing-oriented approach that combines conventional medicine and complementary (alternative) therapies. These therapies work toward improving a patient's overall health and wellness, while focusing on nutrition, exercise, sleep and stress management. Some alternative therapies include acupuncture, massage, bio-identical hormone therapy and more.

Learn more about the [benefits of Integrated Medicine](#).

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